HOW TO SELF-ADMINISTER AT HOME COVID-19 RAPID ANTIGEN SCREENING

STEP 1
Wash your hands.
Insert swab into EACH nostril about 1 inch deep and swirl 5 times.

STEP 2
Insert the swab into the prepared tube.

STEP 3
Swirl the swab tip in the buffer fluid for 15 seconds.

STEP 4
Remove the swab from the vial and replace swab in packaging.

STEP 5
Place the lid attached to the vial on top of it to create a dropper.

STEP 6
Turn the dropper upside down and put 3 drops into the testing device well.

STEP 7
Set a timer for 15 minutes.

STEP 8
After 15 minutes, check the device for your test result.
One red line = negative
Two red lines = presumed positive

STEP 9
Add the date* on the test, take a photo of your test result and upload it to the UofG Rapid Test Submission Portal

STEP 10
Dispose of all used test materials (swab, vial, and device well) in the garbage.
Wash your hands.

STEP 11
Negative result: Complete the Daily Screening Form and you may proceed to campus.
Positive result: Do not come to campus. Please self-isolate and call Student Health Services (ext. 52131) to book a PCR test or visit your nearest COVID-19 testing centre.
Students in residence - contact your RA for isolation support.
Unsure result (no lines or blurry lines): Complete another test. If still unsure, contact Student Health Services.
Positive PCR test result: Stay home - do not come to campus.
For next steps, visit the UofG COVID-19 page.

*Steps for Abbott Panbio COVID-19 Rapid Antigen Test

With acknowledgment to University of Toronto